VARK LEARNING STYLE:

AURAL/AUDITORY

PEER MENTORING ACADEMIC PROGRAM

Tené Sablo
Ella Uwaibi
AURAL/AUDITORY LEARNING STYLE

Visit http://www.vark-learn.com/ to learn more about the VARK Aural/Auditory Learning Style

Disclaimer
This presentation is composed of suggestions compiled by UFCOM students

These are only recommendations which may need to be modified to best meet your academic needs and preferences

Please note that students often need to utilize multiple study strategies to appropriately learn the material. It is recommended that you review all 4 presentations to create a study routine that best suit your needs
AURAL/AUDITORY STUDY METHODS

- Summarize notes on recording device: in your own words, reduce notes to a 3:1 ratio
- Listen to and/or recite your notes frequently
- Listen/recite/explain the weeks notes prior to taking the quiz
- Ask people to listen your explanation of a concept in order to verify comprehension
- Explain your notes to a study partner
- Summarize graphs/diagrams into words
- Read questions, recite answers, and work out problems out loud
- Study in groups and talk about concepts
- Read books and text out loud
- Create mnemonics or stories to help with memorization
**DICTAMUS APP (IPHONE, IPAD)**

- **Dictate** your notes into the app: study guides, flashcards, summarize textbook readings, explain lecture slides to yourself
- **Listen** to notes: you can increase the speed
- Great for “bugs and drugs” and physiology

**Word of Caution**

Be careful not to create so many dictations that you do not have time to listen to them when studying for the exam
MENTAL CASE APP (IPHONE, IPAD, MAC)

• Make flashcards with notes/images/audio and sync across all your devices

• Software creates automatic lessons to help you learn the material before a quiz/exam. If you get a note wrong it will appear more often in the future

• Download cards from Flashcard Exchange and Quizlet
**QUIZLET (WEB)**

- **Flashcards**
  - Computer voice reads cards
  - Speaker button on the upper left hand corner

- **Games**
  - Scatter: matching game
  - Space Race: timed response game
PICMONIC APP (WEB)

- Audio-visual mnemonics
- Stories that link together concepts: Creative version vs. Classic version
- UF students receive a 20% discount

http://picmonic.com/
ANATOMY LAB SMALL GROUP STUDY

For each structure on the list of anatomy terms
• Identify the location in the body
• Explain how you are able to identify that structure
• Discuss landmarks
• Recite Transition points
• Explain the consequences of injury to this structure

ROUND ROBIN SMALL GROUP STUDY

• Create a list of topics
• Go around the table taking turns explaining different aspects of each topic
• Students should correct and/or talk about conflicting information

(Suggestions from Adam Kemp, MS2)
RESOURCES

• **FLASHCARDS (DIGITAL):** Mental Case, Quizzlet, Anki
• **APPS:** Anatomy Atlas, Virtual Human Body, iThoughtsHD, Netter Atlas, iAnnotate, Notability, Goodreader, Dictamus
• **TEXTBOOKS:** Paper, PDF, Inkling
• **VIDEOS:** Pathoma, Kaplan USMLE Step 1 Prep, Dr. Najeeb, Acland
• **AUDIO:** Goljan Audio (pathology), Blaufuss Sound builder (heartsounds)
• **NOTE-TAKING SOFTWARES:** Preview (Mac), Adobe, OneNote (PC), PowerPoint, Word (Notebook Layout)
• **WHITEBOARD:** small size/portable
• **PRACTICE QUESTIONS:** BRS, PRE-TEST, QBANKS
• **STUDY GROUP:** Studying with a friend or a group might be a good idea
• **NOTES:** Use lots of colors! You will remember it better
“Out of the **135 students** in their class, there will be **135 ways to study**...There will be more material than they know what to deal with. They shouldn't be afraid to try different styles but they should also be comfortable sticking to what works for them :)

Katie Dietrich, MS2